

MICHIGAN DIETETIC ASSOCIATION
2006 Annual Conference



**HOLIDAY INN –
LIVONIA WEST**

**THURSDAY
FRIDAY AND
SATURDAY –
MAY 18, 19, 20,
2006**

Michigan Nutrition Professionals: *Leading the Way*

TITLE SPONSOR:



UNITED DAIRY INDUSTRY OF MICHIGAN

MICHIGAN DIETETIC ASSOCIATION

2006 Annual Conference

Michigan Nutrition Professionals: *Leading the Way*

“Win FREE Registration to MDA’s 2006 Conference:

DOCUMENTATION OF HARM CONTEST

Obtain a “Documentation of Harm” form from www.eatrightmich.org under the MDA Forms Archive section of the website. Complete the form and send it to Laura Kull, MS, RD, At Large Director of Legislation at: lkull@madonna.edu. All forms for the contest must be submitted by April 18, 2006 in order to be considered. Enter as many times as you wish! This contest is open to all MDA members, dietetic students and interns - must be co-signed by an RD. We wish to thank Ocene Naglik, RD for her generous donation of free registration to the 2006 conference.

For further information please contact Laura at her email address or call (313)271-7543.



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*MDA is pleased to acknowledge the following
50 year Member Registered Dietitian’s*

Shirley J. Minisee, Shirley D. Olson, Ninfa S. Springer
• • •

Special Thanks to Sponsors and Exhibitors:

As of the date of publication of this brochure

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Sysco Food Services
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United Dairy Industry of Michigan
US Foodservice

~ Conference Schedule ~

~ THURSDAY MAY 18, 2006 ~

10:00 am – 12 noon
Board of Directors Meeting

Pre-conference Workshop
1:00 pm registration opens

2:00 pm – 5:00 pm
Presented by Omni Communications through an unrestricted educational grant from LifeScan, Inc.: **The Cardiovascular Connection: Post-prandial Glucose Control & Carbohydrate Counting**

Speakers: *Mary Austin, MA, RD, CDE*
and Karmeen Kulkarni, MS, RD, CDE BC-ABM

The goals of this three hour presentation are to understand the physiology of diabetes as a progressive disease, to examine the macrovascular complications of diabetes and to report on recent research showing the relationship of uncontrolled hyperglycemia on cardiovascular disease. Carbohydrate counting, as a meal planning approach, coupled with the utilization of self-monitoring of blood glucose (SMBG) and pattern management offers a method to better assess and control postprandial glucose. Through lecture and case studies, participants will be able to increase their skill level in applying these techniques.

CPE Level 2

Mary Austin is employed by Henry Ford Health System, Detroit, in the Division of Endocrinology/Metabolism.

Karmeen Kulkarni is employed at the Diabetes Center, St. Mark's Hospital Salt Lake City, Utah.

6:00 pm
Showcasing our Future:

Welcoming RD's, New Members and Students, & MDAI Awards.

Sponsored by: *Sodexo*

Join your friends and colleagues to welcome New Members & Students to the Michigan Dietetic Association. This is your opportunity to meet and network with dietitians who are new to MDA and welcome them. We will also be honoring deserving students with our annual MDAI Scholarship and Outstanding Dietetic Student of the Year awards. The awards ceremony will take place during Thursday night's dinner, and is so graciously sponsored by Sodexo. Plan to attend, honor and support these deserving students!

~ FRIDAY MAY 19, 2006 ~

7:30 am
Registration opens

8:00 am – 9:00 am
Breakfast and Annual Membership Meeting
Sponsored by: *Eggland's Best*

9:00 am – 10:00 am
“Hot Buttons in Women's Nutrition”
Keynote speaker: *Mindy Hermann, MBA, RD*

Today's woman is stretched in a million directions. Most women spend their time taking care of others, forgetting about their own health and nutrition needs.

“Hot Buttons in Women's Nutrition” will guide you through the latest research on nutritional interventions for conditions and diseases of particular relevance to women including heart disease and osteoporosis. Through case studies, you'll discover ways to effectively counsel and empower women to make the changes they need to ensure their good health and well-being.

Mindy Hermann is an accomplished writer, editor, and specialist in marketing health, nutrition, and food information to consumers and medical professionals. Her work includes writing consumer education materials, formulating communications strategies, planning media programs, and developing materials for brochures and websites. Prior to launching her business,

Mindy was a dietitian at Memorial Sloan-Kettering Cancer Center in New York City.

CPE Level 2

Sponsored by: *General Mills*

10:00 am – 10:30 am
Meet with the Exhibitors and Morning Break
Sponsored by: *Kellogg's*

10:30 am – 11:15 am
“Challenges and Opportunities When the Whole World is Our Family” – The Lenna Frances Cooper Lecture
Speaker: *Jenny Taylor Bond, Ph.D, RD*

Develop an awareness of factors, such as poverty, undernutrition, disease, communication, trade and travel that make the world fragile and small. Identify similarities in disparities related to health, gender, economics and inclusion in the U.S. and the developing world. Gain knowledge to embrace internationalization and globalization in the classroom, professional practice and our personal lives.

Dr. Bond is a Professor Emeritus of Human Nutrition and Assistant Dean of International Programs at Michigan State University

CPE Level 2

~ Conference Schedule ~

11:15 am – 12:30 pm

General Session: “Speaking to be Heard”

Speaker: *Susan Johnson, Ph.D*

Have you ever been speaking to a client but feel more like you are speaking to yourself? Sometimes speaking your language means you may not get heard. Learn methods to improve your communication with clients and care providers to help them learn more and motivate them to make nutrition changes.

Susan is an Associate Professor, Department of Pediatrics, at the University of Colorado Health Sciences Center.

CPE Level 2

Sponsored by: *Michigan Beef Industry*

12:30 pm – 2:00 pm

Exhibits and Poster Sessions with Box Lunch

2:00 pm – 3:15 pm

First breakout session

A.) Genes and Dietary Fats

Speaker: *Sharon Kardia, Ph.D*

This presentation will focus on verbalizing the basic genetic concepts important for the translation of nutrition and genomics information to the public. Dr. Kardia will also present recent research on genes and their variants that are associated with people’s individual response to dietary fats.

Dr. Kardia is the Director of the Public Health & Genetics Program at the University of Michigan’s School of Public Health.

CPE Level 2

Sponsored by: *Northern Michigan Dietetic Association (NMDA)*

2:00 pm – 3:15 pm

B.) “Bariatric Surgery and Nutrition”

Speaker: *Meredith Urban-Skuro, MS, RD*

Meredith will focus on the importance of a multidisciplinary bariatric program, advantages and disadvantages of different types of bariatric procedures, postoperative metabolic deficiencies and nutritional requirements/concerns for women who become pregnant post bariatric surgery.

Meredith is the Senior Nutritionist for Bariatric patients at New York Presbyterian Hospital, Columbia University.

CPE Level 2

Sponsored by: *Rachel Schemmel Endowed Lecture in Clinical Nutrition and Ina Med*

3:15 pm – 3:30 pm

Break

Sponsored by: *Michigan Soybean Promotion*

3:30 pm – 4:45 pm

Second Breakout Session

C.) “What Athletes Are Saying About Sports Nutrition”

Speaker: *Caroline Mandel, MS, RD*

This presentation will cover several sports nutrition topics including hydration, pre-competition meals, recovery, bone health and eating disorders in athletes.

Caroline is the Director of Sports Nutrition at the University of Michigan Athletic Department providing nutrition intervention for student-athletes in 25 sports.

CPE Level 2

Sponsored by: *Nutrition Entrepreneurs of Michigan*

3:30 pm – 4:45 pm

D.) Aggressive Dyslipidemia Therapy in Diabetes

Speaker: *Trpko (Tom) Dimovski, MD*

This session will address the most recent evidence as it relates to the identification of dyslipidemia in diabetic patients. A description of treatment options that will lead to safe blood glucose control while aggressively treating dyslipidemia and the impact that such treatment has on this patient population will be identified.

A multidisciplinary team approach is used in caring for these patients in order to achieve the most improved clinical outcomes.

Dr. Dimovski is a Physician with William Beaumont Hospital.

CPE Level 2

Sponsored by: *KOS Pharmaceuticals*

4:45 pm

Evaluations and CPE Certificates

6:30 pm

Awards Ceremony with Sit-down Dinner

Sponsored by: *US Foodservice*

“Honoring the Best of Our Association”

Be sure to join us Friday evening as we recognize nutrition leaders who will be receiving MDA’s most distinguished awards. Celebrate their successes and many achievements during dinner, which is generously sponsored by US Foodservice.

SEMDA’s 10 Year Anniversary Dessert Reception

Come help us celebrate ten years of combined growth and development, as we take a stroll down memory lane reflecting on the merger of Detroit Dietetic Association (D.D.A), and Macomb, Oakland, and St. Clair Counties District Association (M.O.S.T.) in 1996. Take this opportunity to mix, mingle and renew old acquaintances.

Sponsored by: *Southeast Michigan Dietetic Association (SEMDA)*

~ Conference Schedule ~

~ SATURDAY MAY 20, 2006 ~

FREE 2007 CONFERENCE REGISTRATION:

Don't miss Saturday programs – By registering and attending this year's Saturday conference your name will be entered into a drawing to receive a free registration for 2007 Annual Conference! Winner's name will be drawn on Saturday. Winner must be present on Saturday.

7:30 am – 8:00 am

Morning Walk; Registration opens for Saturday Conference Attendees

8:00 am – 8:20 am

Breakfast begins at 8:00 am

Sponsored by: *United Dairy Industry of Michigan*

Legislative/Licensure Update

MDA Lobbyists: *Mike & Kathy DeGrow*

Achieving licensure is one of the ways in which dietitians can be recognized as “the nutrition expert” in Michigan. Join our lobbyists as they explain the importance of licensure of dietitians in Michigan. They will guide you through the process being used by MDA to achieve licensure. You won't want to miss this!

8:25 am – 9:15 am

“Getting Your Money's Worth”

Keynote Speaker: *Cecilia P. Fileti, MS, RD, FADA*

Tired of seeing other less qualified professionals dispensing nutrition advice? Do you feel like you're “not being heard” by your association? Would you like to see how involvement in your association can achieve professional success? Then you've come to the right program! Cecilia will answer these questions and more as she delves into how you can maximize your association dues. Learn about ADA's programs, practice resources, DPG's new MIG's and more.

Cecilia Pozo Fileti, a registered dietitian and fellow of the American Dietetic Association, is a bi-lingual nutrition consultant serving the food, pharmaceutical and health care industries.
CPE Level 2

Sponsored by: *ADA-PAC*

9:15 am – 11:15 am

Breakout session

E.) Better Bones Brighter Futures

Speakers: *Rachel McLaury, Dr. David Bauer
& Norma Bour, MS, RD*

The Michigan Public Health Institute is pleased to announce that you can help fight osteoporosis by becoming a Better Bones, Brighter Futures community educator! This two-hour training program for health professionals covers medical management, fall prevention, nutrition and physical exercise strategies to reduce osteoporosis and its related outcomes. The Better Bones, Brighter Futures community program, is a 45 minute up-to-date, easy to understand, educational program available in PowerPoint

for larger groups and flip chart for small groups and individuals sessions. As a trained educator, you will receive a “packaged” kit including the presentation on osteoporosis, professional resources, and program materials, offered by the Michigan Public Health Institute.

CPE Level 2

Sponsored by: *United Dairy Industry of Michigan*

9:15 am – 10:10 am (Part One)

F) “The Secrets of Fluids”

Cecilia P. Fileti, MS, RD, FADA

Join us as we dive (no pun intended!) into a brief overview of the functions of fluids in the body, the metabolic and physiologic effects of dehydration, how to identify hydration status needs and the prevalence of inadequate hydration in this country. Other influences that can affect hydration in the body will also be identified. The influence of hydration on health and disease, and exercise performance will also be discussed as well as the latest on DRI for fluids.

CPE Level 2

Sponsored by: *Coca-Cola Company*

10:15 – 11:15 am (Part Two)

Hot Topics in Long Term Care Nutrition

Speaker: *Jeanine Mullen, RD*

Understand the role of the dietetics professional in the area of long term care nutrition. This presentation will cover the latest information on nutritional needs for the elderly as well as outside factors that influence the care that is provided for this population.

Jeanine is employed as a Registered Dietitian at the McAuley Place Living Center.

CPE Level 2

Sponsored by: *Dietitians of West Michigan (DWM) & Southwest Michigan District Dietetic Association (SWMDDA)*

11:30 am – 1:00 pm

Exploring Vegetarian Cooking with Chef Kevin Dunn

After his diagnosis of diabetes and heart disease at age 35, Kevin embarked on a journey to re-develop many classical dishes into healthier alternatives. Join Kevin as he leads attendees through emerging culinary nutrition trends affecting many food service venues today while he demonstrates a number of unique and delicious vegan recipes that are sure to make a positive impact on the health of your clients and patients. Don't miss out on this culinary experience!

Chef Dunn is an instructor at the nationally renowned Hospitality Education Department at Grand Rapids Community College.

CPE Level 1

Sponsored by: *McNeil Nutritionals, LLC, The makers of SPLENDA® Brand Products*

1:00 pm

Evaluation and CPE Certificates

~ Conference Information ~

Hotel Room Reservations:

A block of rooms has been reserved for the conference at the Holiday Inn Convention Center-Laurel Park in Livonia. Conference rates are \$89 per night for a single or double occupancy. Reserve your room by calling the hotel directory at (734) 464-1300. The cut off date is **April 25, 2006**. Guest rooms have complimentary high speed internet connection for your convenience.

Continuing Education Credit

Continuing Professional Educational Units (CPEU's) have been approved for Registered Dietetic Professionals as follows:
Thursday's Pre-Conference – 3 CPEU's; this program is also approved for registered nurses
Friday Conference – 6 CPEU's, 1 CPEU for Exhibits/Posters
Saturday Conference – 5 CPEU's

In Gratitude: MDA extends its sincere appreciation to HDS Services for graciously providing the conference registration bags.

Directions:

Conveniently located at the I-275 and Six Mile Road Exit near Laurel Park Place.

Less than 20 minutes from Detroit Metropolitan Airport.

From airport take I-94 west to I-275 N.
 Exit 170 Right (East) on 6 Mile road;
 Make a left on Laurel Park Drive



Conference Planning Committee

Conference Chair:	Mary Angela Niester, RD, MPH
Speaker Planning Committee:	Lynette Maxey, RD, CDE Sandy Parker, RD, CDE Judy MacNeill, MS, RD, CDE Lee McDonagh, RD, CDE
Exhibit Raffle Chair:	Tanya Lesinski, RD, CNSD
Posters Session:	Laura Perrett, MS, RD
Awards Chair:	Carmen Nochera, Ph.D, RD, LD
Thursday Evening Event:	Lynette Maxey, RD, CDE Barbara Saulter, MA, RD Nancy Kennedy, MS, RD Debbie Cicinelli-Timm, MS, RD, CDE
Friday Evening Dinner:	Beth Naber, MS, RD
SEMDA Celebration:	Sandy MacDonald-Hangach, CSR, RD Barbara Saulter, MA, RD
CPE Coordinator:	Beth Naber, MS, RD
Conference Coordinators:	Susanne Consiglio, RD Cheryl Crist Erika Heffner

Board of Directors

President:	Judy MacNeill, MS, RD, CDE
President Elect:	Heather Stanley-Sutton, MA, RD, CDE
Secretary Treasurer:	Michelle Naylor, RD
Secretary Treasurer-elect:	Karen Schmitz, PhD, RD
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At Large Director, Membership:	Nancy Kennedy, MS, RD
At Large Director, Communication:	Tonia Reinhard, MS, RD
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At Large Director, Federal issues:	Charity Simpkins, RD
At Large Director, Professional Development:	Mary Angela Niester, RD, MPH
At Large Director, Marketing/PR:	Ann Hoffman, RD, CDE
Nominating chair:	Lee McDonagh, RD, CDE
MDAI President:	Debbie Cicinelli-Timm, MS, RD, CDE
Executive Director:	Susanne Consiglio, RD



MICHIGAN DIETETIC ASSOCIATION 2006 Annual Conference

~ Conference Registration ~

Name: _____

Credentials: _____

Area of Practice: _____

Employer: _____

Mailing Address: _____

City: _____ State: _____ Zip: _____

Daytime Phone: _____ Evening Phone: _____

Email: _____

Educational program fees:

Educational Program	Member	Non-member	Dietetic Intern, Student, or Retiree
Thursday Pre-conference*	\$ 65.00	\$100.00	\$30.00
Friday conference**	\$160.00	\$260.00	\$35.00
Thursday/Friday (includes meals)	\$210.00	\$300.00	\$60.00
Saturday conference***	\$ 75.00	\$100.00	\$30.00
Friday/Saturday (includes meals)	\$210.00	\$300.00	\$60.00
Total Conference: (Thur/Fri/Sat, Includes all meals)	\$220.00	\$350.00	\$90.00

MEALS INCLUDED IN CONFERENCE PRICE:

*Thursday evening dinner: *Showcasing our Future*: Welcoming RD's, New Members & Students, MDAI Awards

**Friday Breakfast, Box Lunch, and Friday Evening Dinner/Awards Presentation, SEMDA Anniversary Celebration

***Meals included: Saturday breakfast

Registrations received **after April 18**, add \$50.00 to your total fee

Special Events

To assist in providing an accurate food guarantee, please indicate the special events you will attend:

- Thursday evening dinner Friday breakfast
 Friday box lunch Friday evening dinner
 Friday evening SEMDA 10 year anniversary dessert reception
 Saturday breakfast

Please check off your menu preference to ensure an accurate food guarantee and meal selections:

Your choice for Thursday Dinner:

- Pork Loin with Apple Demi Glaze
 Pasta Penne with Grilled Vegetables in Tomato Basil Sauce

Your choice for Friday Box Lunch:

- Turkey Sandwich/whole grain bread
 Vegan Chicken Salad sandwich/whole grain bread (soy based)

Your choice for Friday Dinner:

- Chicken with Artichokes with a Light Mushroom Cream Sauce
 Pesto Encrusted Whitefish with Red Pepper Coulis

FRIDAY BREAKOUT SESSIONS

Session assignments will be on a first come basis. Indicate your preference by marking a "1" for your first choice and "2" for your second choice

- 2:00 pm Session A Session B
 3:30 pm Session C Session D

SATURDAY BREAKOUT SESSIONS

- 9:15 am Session E or Session F (Part One and Part Two)
 11:30 am Chef Kevin Dunn

NOTE: If you are not a member of ADA and would like to join.

To receive the discounted rates, join now and get the remainder of this membership year plus the entire next year 2006-2007 with no processing fee for \$200. For a list of all the benefits of joining ADA, with free CPE opportunities, go to the ADA website www.eatright.org and click on "member benefits." To join now go to www.eatrightmich.org to download this special application or call ADA at 800/877-1600 ext. 5000.

CONFERENCE FEES:

All fees include a \$5.00 tax deductible donation to ADAF. If you do not wish to contribute please subtract \$5.00 from your total.

Total Conference Fees due: \$ _____ Check enclosed
 To pay with Visa or MasterCard:

Name: _____ Expiration date _____

Card #: _____

Signature: _____

ADDITIONAL CHECKS YOU MAY WRITE:

Each contribution must be written with a *separate* personal check:

- MDA PAC MDA Institute MDA Foundation

OF SPECIAL INTEREST:

- First Time Attendee Member less than 5 years
 ADA Member since _____
 Past President 50 year member Annual conference committee
 I am a presenter for MDA 2006 I have ideas for 2007 conference

MAIL YOUR COMPLETED REGISTRATION FORM/PAYMENT TO:

MDA c/o Susanne Consiglio, RD Executive Director
 22811 Greater Mack, Suite 105
 St. Clair Shores, MI 48080
 or fax to: 586-778-3004

Michigan Nutrition Professionals:

Leading the Way



Michigan Dietetic Association
c/o Susanne Consiglio, RD
22811 Greater Mack, Suite 105
St. Clair Shores, MI 48080
www.eatrightmich.org

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